



Parenting Your Internationally Adopted Child: From Your First Hours Together Through the Teen Years

Patty Cogen

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In this book, child and family therapist Patty Cogen, M.A., Ed.D. guides parents in promoting an internationally adopted child's social and emotional adjustment, explaining how to help a child adopted between the ages of six months and five years bond with his or her new parents, become a part of the family, and develop a positive self-image that incorporates both American identity and ethnic origins. Other topics include how (and why) to tell the child's story from the child's point of view; how to handle sleep problems and resistance to household rules; and how to encourage eye contact, ease transitions and separations, and deal with problematic anniversaries (birthdays, adoption day, Mother's Day). With advice on language and school difficulties and the development of self-control and independence, Cogen guides adoptive parents from the initial meeting through their child's teen years. It's an indispensable resource, not only for parents, but also for therapists and educators who work with adopted children.

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From reader reviews:

Russell Belcher:

Playing with family in the park, coming to see the water world or hanging out with friends is thing that usually you might have done when you have spare time, in that case why you don't try thing that really opposite from that. Just one activity that make you not feeling tired but still relaxing, trilling like on roller coaster you have been ride on and with addition of knowledge. Even you love Parenting Your Internationally Adopted Child: From Your First Hours Together Through the Teen Years, you could enjoy both. It is great combination right, you still desire to miss it? What kind of hang type is it? Oh can occur its mind hangout men. What? Still don't get it, oh come on its referred to as reading friends.

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