



Shades of Blue: Writers on Depression, Suicide, and Feeling Blue

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The silent epidemic of depression affects millions of people and takes dozens of lives everyday, while our culture grapples with a stigma against open discussion of mental health issues. Editor Amy Ferris has collected these stories to illuminate the truth behind that stigma and offer compassion, solidarity, and hope for all those who have struggled with depression.

Contributors to *Shades of Blue* include:

- Barbara Abercrombie
- Sherry Amatenstein
- Chloe Caldwell
- Jimmy Camp
- Debra LoGuercio DeAngelo
- Marika Rosenthal Delan
- Hollye Dexter
- Beverly Donofrio
- Beth Bornstein Dunnington
- Matthew Ebert
- Betsy Graziani Fasbinder
- Zoe FitzGerald Carter
- Pam L. Houston
- David Lacy
- Patti Linsky
- Mark S. King
- Caroline Leavitt
- Karen Lynch
- Lira Maywood
- C.O. Moed
- Mark Morgan
- Linda Joy Myers
- Christine Kehl O'Hagan
- Jennifer Pastiloff
- Ruth Pennebaker
- Angela Giles Patel
- Alexa Rosalsky
- Elizabeth Rosner
- Kathryn Rountree
- Kitty Sheehan
- Jenna Stone
- judywhite
- Samantha White

Shades of Blue brings the conversation around depression and sadness into the open with real, first-hand accounts of depression and mental health issues, offering empathy to all those who have been affected by these issues.

It's time to scream out loud against this silent annihilator: We are not alone.

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John Lopez:

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Edward Avelar:

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Bess Cook:

Reading can called mind hangout, why? Because if you are reading a book especially book entitled Shades of Blue: Writers on Depression, Suicide, and Feeling Blue your head will drift away trough every dimension, wandering in each aspect that maybe not known for but surely will end up your mind friends. Imaging each word written in a publication then become one form conclusion and explanation this maybe you never get ahead of. The Shades of Blue: Writers on Depression, Suicide, and Feeling Blue giving you a different experience more than blown away the mind but also giving you useful information for your better life with this era. So now let us show you the relaxing pattern at this point is your body and mind will be pleased when you are finished looking at it, like winning a sport. Do you want to try this extraordinary paying spare time activity?

Donna Layne:

The book untitled Shades of Blue: Writers on Depression, Suicide, and Feeling Blue contain a lot of information on the idea. The writer explains her idea with easy method. The language is very easy to understand all the people, so do certainly not worry, you can easy to read it. The book was compiled by famous author. The author gives you in the new period of literary works. It is possible to read this book because you can continue reading your smart phone, or device, so you can read the book throughout anywhere and anytime. In a situation you wish to purchase the e-book, you can start their official web-site as

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