

Experiencing Psychosis: Personal and Professional Perspectives (The International Society for Psychological and Social Approaches to Psychosis Book Series)

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Extensive scientific research has been conducted into understanding and learning more about psychotic experiences. However, in existing research the voice of subjective experience is rarely taken into consideration. In this book, first-person accounts are brought centre-stage and examined alongside current research to suggest how personal experience can contribute to professional understanding, and therefore the treatment, of psychosis.

Experiencing Psychosis brings together a range of contributors who have either experienced psychosis on a personal level or conducted research into the topic. Chapters are presented in pairs providing information from both personal and research perspectives on specific aspects of psychosis including: hearing voices, delusional beliefs, and trauma as well as cultural, existential and spiritual issues. Experts from the field recognise that first and foremost psychosis is a human experience and that those who suffer from psychotic episodes must have some involvement in any genuine attempts to make sense of the experience.

This book will be essential reading for all mental health professionals involved with psychosis. The accessible style and compelling personal histories will also attract service users and their families.

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