



# Diabetes and Healthy Eating

*Charles Mattocks, Kristi Grimm*

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## **Diabetes and Healthy Eating** Charles Mattocks, Kristi Grimm

DIABETES AND HEALTHY EATING is a new, full color, professionally illustrated children's book. This 52-page treasure is uniquely designed to allow parents to creatively help their young children, and other members of the family, learn about healthy eating and the prevention & control of diabetes --- a devastating health condition affecting over 300 million lives around the world. Along with an adorable main character, entertaining story line and compelling rhyme, you will also find special recipes, coloring pages and a special glossary of memory words, all intended to assist in teaching your child the importance of healthy eating and what is required to prevent and manage diabetes, whenever possible. Even children without diabetes will embrace the friendly, inquisitive and furry bear named Charlie B. Marley, who likes to be called Little Mar. Chef Mattocks is the nephew of the late reggae singer and star, Bob Marley. The use of the Marley name in this book is a tribute to his uncle. In the story, Little Mar loves cooking and wants to be a chef someday. When his Mom tells him that a really cool chef will visit his school, Little Mar is interested. But Little Mar gets excited when his Mom shares that the chef has diabetes too. Little Mar has lots of questions in his head about his diabetes and the foods he is now supposed to eat, so he plans to ask the chef for help. DIABETES AND HEALTHY EATING answers a child's typical questions about food, sugar intake, exercise and healthy eating.

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Information is provisions for individuals to get better life, information presently can get by anyone at everywhere. The information can be a information or any news even an issue. What people must be consider any time those information which is inside the former life are challenging to be find than now is taking seriously which one is acceptable to believe or which one the actual resource are convinced. If you have the unstable resource then you get it as your main information there will be huge disadvantage for you. All those possibilities will not happen throughout you if you take Diabetes and Healthy Eating as the daily resource information.

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As we know that book is very important thing to add our know-how for everything. By a book we can know everything we wish. A book is a group of written, printed, illustrated as well as blank sheet. Every year ended up being exactly added. This book Diabetes and Healthy Eating was filled about science. Spend your extra time to add your knowledge about your technology competence. Some people has diverse feel when they reading the book. If you know how big selling point of a book, you can feel enjoy to read a e-book. In the modern era like now, many ways to get book that you just wanted.

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