



**The Everything Twins, Triplets, and More Book:  
From pregnancy to delivery and beyond-all you  
need to enjoy your multiples (Everything®)**

*Pamela Fierro*

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# The Everything Twins, Triplets, and More Book: From pregnancy to delivery and beyond—all you need to enjoy your multiples (Everything®)

*Pamela Fierro*

**The Everything Twins, Triplets, and More Book: From pregnancy to delivery and beyond—all you need to enjoy your multiples (Everything®)** Pamela Fierro

## **Everything you need to know, times two—or three!**

It can be a surprise and even a shock to learn that you're not having just one baby, but two, three, or more! What you should expect? How should you prepare? In what ways will your life change?

From what to anticipate during pregnancy and delivery to surviving those first sleepless nights—you will find answers to all your pressing questions in this comforting and easy-to-access guide. Inside, you'll learn:

- What to expect during each trimester
- How to budget for extra expenses
- How to set up your home for your precious new arrivals
- The trick to coordinating naptimes and feedings
- What to eat while pregnant, with more than 75 recipes for ultimate nutrition

As parents of multiples, your time is precious, so inside, you'll find quick chapter shortcuts that provide the most important advice at a glance. Make *The Everything Twins, Triplets, and More Book, 2nd Edition* your go-to guide for preparing your home and your life for this happy change—so all you need to worry about is adoring your new bundles of joy!

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