



You Have to Fucking Eat

Owen Brozman Adam Mansbach

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A *New York Times* Best Seller

One of **Bookriot's** Must-Read Books from Indie Presses for 2014

One of **Flavorwire's** 50 Best Independent Fiction and Poetry Books of 2014

"*You Have to F***ing Eat* makes parents of picky eaters smile."
--**TODAY Parents**

"Adam Mansbach...will delight exhausted and exasperated parents everywhere for a second time with *You Have to F***ing Eat*--another children's book that is most definitely not for children."
--**Entertainment Weekly**

"An equally hilarious ode to kids at the table."
--**Huffington Post**

"Parents, Adam Mansbach gets you. He understood that sometimes your kids just won't go the f**k to sleep. And, in his new foulmouthed bedtime book for parents out Wednesday, he understands that sometimes they just won't f**king eat. And he knows, well, it's really f**king annoying. So how about some f**king comic relief?"
--**GQ**

"A likeable variation on a universal f***ing theme."
--**Kirkus Reviews**

"A hilarious sendup of the eternal fight between kids and their parents over what to eat and when--if at all."
--**New York Journal of Books**

"*You Have to F**cking Eat*, Sequel to *Go the F**k to Sleep*, Is Finally F**king Coming...It will arrive just in time to gift it to your brother-in-law, who, upon unwrapping it, will clutch it immediately to his chest and shake his head furiously at his waist-high daughter as she claws at him with her chewed up nails. 'No, no, it's not for you,' he'll say, laughing and crying at the same time."
--**Flavorwire**

"An uproarious spoof of bedtime board books."
--**San Francisco Chronicle**

"Parents, when your precious angel rips you from your three hours of sleep to demand food that he won't actually eat, you'll want this f'ing book."
--**Mashable**

"Forthcoming new book by genius funnyman Adam Mansbach."
--**BoingBoing**

"This book is genius. It is what every parent is thinking when their child refuses dinner."

--**Old School/New School Mom**

"With this soon-to-be crude classic, Adam Mansbach has nailed it with his undeniable animal/child comparisons all cozily complimented by Owen Brozman's humorous illustration--we dare you not to giggle into your eggnog."

--**Curious Mom**

"Illustrations are just as enjoyable and the narrative again paints the perfect picture."

--**Roundtable Reviews**

"*You Have to F**king Eat* just begs to be given as a gift."

--**What The Flicka**

"I'm so happy to have this book in my collection. I won't hesitate to make anyone who sits at my table for a meal read this before they eat!"

--**The Reading Vixens**

"Get a copy today. And grab one for your friend whose kid will only eat foods that are white. They will thank you."

--**Absolute Mommy**

"Mansbach's offering is so simple that it's genius...*Eat* already has bestseller written all over it."

--**Yummy Mummy Club**

From the author of the international best seller *Go the F*** to Sleep* comes a long-awaited sequel about the other great parental frustration: getting your little angel to eat something that even vaguely resembles a normal meal. Profane, loving, and deeply cathartic, *You Have to F**king Eat* breaks the code of child-rearing silence, giving moms and dads new, old, grand- and expectant, a much-needed chance to laugh about a universal problem.

A perfect gift book like the smash hit *Go the F*** to Sleep* (over 1.5 million copies sold worldwide!), *You Have to F**king Eat* perfectly captures Mansbach's trademark humor, which is simultaneously affectionate and radically honest. You probably shouldn't read it to your kids.

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Kayla Congdon:

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