



Interpersonal Relationships: Professional Communication Skills for Nurses

Elizabeth C. Arnold, Kathleen Underman Boggs

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Effective communication with clients, families, and professional colleagues starts *here!* With **Interpersonal Relationships: Professional Communication Skills for Nurses, 7th Edition**, you'll see how good communication skills can lead to achieving treatment goals in health care. Clear guidelines show how you can enhance the nurse-client relationship through proven communication strategies as well as principles drawn from nursing, psychology, and related theoretical frameworks. And you'll see how to apply theory to real-life practice with case studies, interactive exercises, and evidence-based practice studies. A two-time winner of the *AJN* Book of the Year award, this book is updated to emphasize interdisciplinary communication and QSEN competencies. From expert nursing educators Elizabeth Arnold and Kathleen Underman Boggs, this comprehensive, market-leading text is unmatched for helping nurses develop effective communication skills!

- **Interactive exercises** offer the opportunity to practice, observe, and critically evaluate your professional communication skills in a safe learning environment.
- **Practical guidelines** describe how to modify communications strategies for various populations and situations including children, the elderly, end of life, clients with special needs, health teaching, stress, crisis, and professional colleagues.
- **Case examples** help you develop empathy for clients' perspectives and needs.
- **Nursing, behavioral, developmental, family, and communication theories** provide an essential foundation and a theoretical perspective for effective communication.
- **Learning objectives, chapter overviews, and a detailed glossary** focus your study and help you absorb and retain key content.
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- **NEW! A greater emphasis on communication, interdisciplinary theory, and interprofessionalism** includes a focus on the nursing paradigm, nursing discipline, and ways of knowing.
- **NEW! Focus on QSEN competencies** reflects current thinking on technology, safety, and evidence-based practice, especially as they relate to communication in nursing.
- **NEW! Discussion questions** at the end of each chapter encourage critical thinking.
- **NEW! Clarity and Safety in Communication chapter** addresses topics such as huddles, rounds, handoffs, SBAR, and other forms of communication in health care.

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