



The Tiger Woods Syndrome: Why Men Prowl and How to Not Become the Prey

J.R. Bruns M.D., R. A. Richards II

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Would your nice guy cheat if he had the chance? If he cheats once, will he do it again?

Don't get stuck in a 'Tiger Woods Syndrome.'

Learn the signs of a doomed relationship—before it's too late.


Women worry that 'Mr. Wonderful,' be he a husband or boyfriend, is secretly cheating on them. It's an epidemic sweeping the nation. Paranoid? Maybe not. Today's ill-fated relationships often display a common pattern now known as 'The Tiger Woods Syndrome,' a relationship built on lies—a mirage. And unfortunately, these doomed relationships are growing exponentially. What can women do to prevent our own 'Tiger Woods Syndrome' from blowing up in our faces? It's time to face facts.

In *The Tiger Woods Syndrome*, psychiatrist Dr. J. R. Bruns and Dr. R.A. Richards culminate a four-year examination of the common pattern of today's relationships to unearth *why* couples are uncoupling at such an unprecedented rate. The authors take an eye-opening look at the five-stage pattern of a 'mirage man' that begins with artificial intimacy (where physical attraction and charm is emphasized over compatibility) and explodes in the fifth stage, where both partners realize that the reasons they came together in the first place were lies. In the end, the deceptive relationship results in two bitterly disappointed partners—or in the case of Tiger Woods, it ends up on the eleven o'clock news.

Real, lasting relationships just don't work this way. *The Tiger Woods Syndrome* is replete with honest assessments, personal quizzes, an examination of relationships of days gone past, and real tips for healing a mirage relationship should you already be in one. This enlightening and in-depth guide exists to help break the pattern of men who cheat.

The Tiger Woods Syndrome marks the beginning of an awakening of America. Shaky relationships built on dishonesty must not be accepted as the norm. It's time to take that first step toward a relationship that is built on something that withstands the test of time: integrity.

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