



# Keeping Mum: Caring for Someone with Dementia

*Marianne Talbot*

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## **Keeping Mum: Caring for Someone with Dementia** Marianne Talbot

"At 3am I was startled awake by the opening of the stairgate. Leaping out of bed I found Mum, clothes on over her pyjamas, grumbling she was fed up of being moved from pillar to post and was going home."

When her mum was diagnosed with Alzheimer's disease, Marianne Talbot decided she couldn't put her into a care home. Instead, for five years, she looked after her mum in her own home. For nearly three of those years she chronicled for the readers of *Saga Magazine Online* the fears and frustrations, the love and the laughter, and the tears and the traumas of caring.

Now, in this heart warming book, you too can meet Marianne, Mum, and the appalling Fatcat. You will also find plenty of practical tips for caring for someone with dementia and on staying sane whilst doing so, a resources and useful contacts section and Marianne's reflections on caring from a distance, and on when caring comes to an end. Written for anyone, anywhere, who has anything to do with dementia or with caring; in reading it you will know you are not alone.

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#### **Todd McCrea:**

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The actual book Keeping Mum: Caring for Someone with Dementia has a lot info on it. So when you check out this book you can get a lot of gain. The book was authored by the very famous author. This articles author makes some research ahead of write this book. This book very easy to read you will get the point easily after reading this article book.

#### **Ron Matthies:**

This Keeping Mum: Caring for Someone with Dementia is great e-book for you because the content that is certainly full of information for you who all always deal with world and have to make decision every minute. This specific book reveal it details accurately using great plan word or we can say no rambling sentences in it. So if you are read it hurriedly you can have whole info in it. Doesn't mean it only gives you straight forward sentences but tough core information with splendid delivering sentences. Having Keeping Mum: Caring for Someone with Dementia in your hand like obtaining the world in your arm, data in it is not ridiculous one. We can say that no guide that offer you world with ten or fifteen minute right but this publication already do that. So , this really is good reading book. Hey Mr. and Mrs. occupied do you still doubt which?

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