



The 15-Minute Prayer Solution: How One Percent of Your Day Can Transform Your Life

Gary Jansen

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What might happen if you gave just ONE PERCENT of your day to God?

I don't have time to pray. I don't know how to pray. I don't know what to pray for. Perhaps you identify with one or all of these statements; most people do. But with Gary Jansen's *The 15-Minute Prayer Solution*, anyone can learn to turn those "I don't" statements into "I do" declarations—and be transformed in the process.

Drawing on spiritual practices from the Christian tradition throughout the centuries, Jansen offers numerous and wide-ranging prayer exercises that can be completed in less than fifteen minutes. The Jesus Prayer, lectio divina, the Examen, imaginative prayer, and many more ways to joyfully encounter the Living God are explained. Deeply personal stories, thought provoking modern-day parables, and even humorous anecdotes bring spiritual ideas down to earth, revealing the practical side of prayer.

And, as Jansen himself discovered, if you're willing to take just fifteen minutes a day to pray, you may soon find that the entirety of your *life* has become a prayer, a relentless desire to place God at the center of everything.

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Aubrey Newsome:

The book The 15-Minute Prayer Solution: How One Percent of Your Day Can Transform Your Life has a lot of information on it. So when you make sure to read this book you can get a lot of advantage. The book was compiled by the very famous author. The author makes some research ahead of write this book. This particular book very easy to read you can obtain the point easily after reading this article book.

Daniel White:

In this period of time globalization it is important to someone to get information. The information will make you to definitely understand the condition of the world. The health of the world makes the information much easier to share. You can find a lot of sources to get information example: internet, classifieds, book, and soon. You will observe that now, a lot of publisher which print many kinds of book. Typically the book that recommended to you is The 15-Minute Prayer Solution: How One Percent of Your Day Can Transform Your Life this guide consist a lot of the information on the condition of this world now. That book was represented how do the world has grown up. The language styles that writer use to explain it is easy to understand. The particular writer made some investigation when he makes this book. That's why this book suitable all of you.

Marvin Davidson:

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