



Fundamentals of Feminist Gerontology

J Dianne Garner

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Explore feminist ideals and advocacy for aging women in health care, home life, work, and retirement! Fundamentals of Feminist Gerontology strives to increase women's self-esteem and their overall quality of life by encouraging education and by putting a stop to age, sex, and race discrimination. As a student or professional in psychology, social work, or gerontology, you will learn about feminist conceptions of retirement, economic issues, psychological issues, and social issues and will explore studies on old age discrimination and devaluation and sexism toward women in Western societies to gain an understanding of the experiences of these women. This book also shows how some women are experiencing empowerment through alternative health care, such as mind-body therapies, homeopathy, aromatherapy, and herbal medicine and examines older women in the family context. Fundamentals of Feminist Gerontology will provide you with the tools to offer effective therapy to women to help them improve their own lives. For a complete list of contents, please visit our Web site at www.haworthpressinc.com. Using feminist practice approaches, Fundamentals of Feminist Gerontology gives you real-life situations and examples that will raise awareness of the issues that rob older women of the quality of life they deserve. Some of the vital issues and theories you will read about in Fundamentals of Feminist Gerontology include:

- women regaining control over their health care
 - retirement and the economic issues that older women face when they retire
 - the role of children and grandchildren in the older woman's life
 - unpaid work after retirement in the home and as a care provider
 - older women battling domestic violence
 - financial and psychological issues of widowhood
 - special concerns of minority women and lesbians as they grow older
- Fundamentals of Feminist Gerontology presents new feminist knowledge and strategies to assist aging women in fully developing, enhancing, and enjoying their later years. You will discover a rich variety of theories and frameworks from a multitude of intellectual paradigms and political positions to enhance your professional practice with older women.

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