



The Conscious Wedding Handbook: How to Create Authentic Ceremonies That Express Your Love

Lila Sophia Tresemer, David Tresemer

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The joining of two people in a committed relationship is sacred. Why? Because our intimate partnerships offer an unparalleled path to the highest expression of our love for each other and for the whole of life. *The Conscious Wedding Handbook* was created to support couples who are beginning their adventure together, or who want to deepen or revivify an existing relationship.

How do we design a wedding ceremony that expresses the depths of our commitment and the shared vision for our marriage? What are the building blocks of a lasting partnership that will bring out the best in everyone? Lila and David address these questions and more, empowering readers with practical exercises for sustaining conscious partnership and covering everything from writing your own wedding vows, to choosing facilitators and guests, to the “Sacred Moment” at the core of a conscious wedding.

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Playing with family inside a park, coming to see the ocean world or hanging out with close friends is thing that usually you may have done when you have spare time, then why you don't try point that really opposite from that. A single activity that make you not sensation tired but still relaxing, trilling like on roller coaster you are ride on and with addition of knowledge. Even you love The Conscious Wedding Handbook: How to Create Authentic Ceremonies That Express Your Love, you could enjoy both. It is very good combination right, you still need to miss it? What kind of hang-out type is it? Oh can happen its mind hangout guys. What? Still don't buy it, oh come on its named reading friends.

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