

World Vegetarian Classics: Over 220 Essential International Recipes for the Modern Kitchen

Celia Brooks Brown



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Bringing together over 220 genuine recipes, 'World Vegetarian Classics' is the definitive collection of vegetarian cuisine from around the globe. Organized by area, every continent is featured, and all the recipes are not just classic dishes of each area, adapted for the vegetarian, but historically vegetarian in their own right. Sensible to the difficulties facing the modern cook - an inability to source unusual ingredients or equipment and a lack of knowledge of traditional cooking methods - Celia has adapted each recipe so that it is suitable for today's kitchens. Feature spreads which explain the properties of some of the more exotic ingredients for each area, and interviews with internationally recognized experts where they share their tips on shopping and cooking, combine to make this book unique. Lavishly photographed and written with wit and enthusiasm, this sumptuous vegetarian recipe collection is set to become a classic, and core stock on the discerning cook's bookshelf.

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