



## Horses and the Mystical Path

*Adele von Rust McCormick Ph.D., Marlena Deborah McCormick Ph.D., Thomas E. McCormick M.D.*

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# Horses and the Mystical Path

*Adele von Rust McCormick Ph.D., Marlana Deborah McCormick Ph.D., Thomas E. McCormick M.D.*

**Horses and the Mystical Path** Adele von Rust McCormick Ph.D., Marlana Deborah McCormick Ph.D., Thomas E. McCormick M.D.

On a trip to Scotland, the psychotherapist family team of Adele, Deborah, and Thomas McCormick — pioneers in the psychotherapeutic use of horses — discovered that early Celtic mysticism held important insights into an equestrian-partnered spirituality. The McCormicks show how to integrate this spirituality with psychology, forming a new, powerful form of healing. *Horses and the Mystical Path* recounts their memorable journey and the lessons they learned from their amazing equine guides.

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