



## **New Developments for MS Sufferers (By Appointment Only)**

*Jan de Vries*

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## **New Developments for MS Sufferers (By Appointment Only)** Jan de Vries

This book is the follow-up to Jan de Vries's world-wide success, *Multiple Sclerosis*. Drawing on nearly 40 years' experience of treating MS sufferers, De Vries now proves that a gluten-free diet is highly beneficial - not only as a means of controlling MS, but also for those suffering from autism and schizophrenia.

This essential book contains a simple and thorough guide on how to follow a gluten-free diet in everyday life. Jayne Martin, an MS sufferer successfully treated by de Vries, shares with readers the challenges she has overcome in following the diet and provides tasty and easy-to-follow recipes. *New Developments for MS Sufferers* is a practical, fascinating and worthwhile read for all those affected by this increasingly prevalent problem.

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