



## Portuguese Cooking (Great Books of International Cuisine)

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This title offers an introduction to authentic Portuguese cooking. This is a lavishly illustrated guide to the flavoursome cuisine of Portugal. A hint of Mediterranean and mountain, Atlantic and rural, the authentic food of Portugal defies stereotyping. What everyone agrees is that the often understated peasant food of this beautiful country is sublime (picture shows Piri Piri peppers, a favourite ingredient in Portuguese dishes). This series is designed as an introduction to the most famous tastes and flavours of a wide range of tradition cuisines. Each title has: a wealth of national and regional recipes; abundant full-colour photographs; and, simple instructions for carrying out each step of the recipes.

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