



## Trauma: A Practitioner's Guide to Counselling

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In recent years a number of high-profile disasters have heightened public awareness of the impact of trauma. This book offers a comprehensive guide to all aspects of trauma counselling, covering:

- \* trauma assessment
- \* resourcing the trauma client
- \* trauma aftercare
- \* working with trauma in private practice
- \* trauma and the therapist
- \* a brief history of trauma.

This practical and effective guide to trauma counselling will be invaluable to counsellors, GPs, social workers, human resource managers, emergency response organisations and all those involved in treating trauma victims using counselling skills.

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