



The Crowded Bed: An Effective Framework for Doing Couple Therapy (Norton Professional Books)

Toby Bobes, Barbara Rothman

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The crowded bed is a metaphor for the ghosts each partner brings to a relationship. This guide synthesizes the principles of couple and family therapy, empowering the reader to help couples achieve the intimacy they long for. Included is a case study and guidelines for working with various populations. While written primarily for students, this book is aimed also at others who are experiencing the strain of a crowded bed.

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