



The End Is Just the Beginning: Lessons in Grieving for African Americans

Arlene Churn

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A nationally revered minister and certified grief specialist shares words of comfort for African Americans in mourning.

Every culture has unique ways of coping with the devastating loss of a loved one, but in some households these important traditions have succumbed to the modern emphasis on returning to the business of life. Knowing from firsthand experience that these rituals of mourning are essential to a survivor's emotional well-being, renowned counselor and minister the Reverend Dr. Arlene Churn now offers a special book that restores African American customs for honoring the deceased.

Unlike Elizabeth Kubler-Ross' stages of grief, the Rev. Dr. Churn maintains that people experience different kinds of mourning depending on how their loved one died -- the passing of an elderly grandparent is different than the grief a mother experiences when she has lost a child. Enhancing this process with poignant testimonials and wisdom tailored for African American readers, she addresses a range of specific end-of-life circumstances that will guide them through their natural and varied reactions, leaving them with a wealth of memories of their beloved.

Imparting beautiful philosophies for difficult days, *The End is Just the Beginning* heals life's most inevitable sorrow.

From the Trade Paperback edition.

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Patrick Stokes:

A lot of people always spent all their free time to vacation or even go to the outside with them family members or their friend. Were you aware? Many a lot of people spent they free time just watching TV, or maybe playing video games all day long. If you wish to try to find a new activity that's look different you can read a new book. It is really fun for you personally. If you enjoy the book that you read you can spent 24 hours a day to reading a publication. The book The End Is Just the Beginning: Lessons in Grieving for African Americans it is extremely good to read. There are a lot of folks that recommended this book. They were enjoying reading this book. In the event you did not have enough space to deliver this book you can buy the e-book. You can m0ore quickly to read this book out of your smart phone. The price is not very costly but this book possesses high quality.

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