



Advanced Practice Psychiatric Nursing: Integrating Psychotherapy, Psychopharmacology, and Complementary and Alternative Approaches

Kathleen Tusaie

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Named a 2013 Doody's Core Title!

"There are few new books to direct PMH-APRN treatment options...Now, this book provides the path to integration of treatment options for the holistic care of psychiatric client by PMH-APRNs."--**Doody's Medical Reviews**

ïThis text is a wonderful compilation of information that is needed within current advanced practice psychiatric mental health nursing. The chapters are informative, have excellent references and provide up to the minute information that is grounded in evidence-based practices.î

Barbara Jones Warren, PhD, RN, CNS-BC, PMH, FAAN

Professor, Clinical Nursing

Director, Psychiatric Nursing Specialty

National Institutes of Health/American Nurses Association Ethnic/Racial Minority Fellow

The Ohio State College of Nursing


This groundbreaking core text fills a void in nursing literature by integrating psychotherapy, psychopharmacology, and complementary and alternative medicine (CAM) approaches into advanced practice nursing. It is organized around psychiatric "syndromes" rather than *DSM* diagnoses, so it will remain current even after the publication of the *DSM-5*. The book provides clear and relevant treatment options in the form of decision trees with additional explanatory narratives. These decision trees enable practitioners to distinguish "normal" patients from those who require more customized therapeutic interventions. This holistic text integrates neurobiology, theory, and research evidence related to psychotherapy, psychopharmacology, and complementary and alternative medicine interventions. While providing comprehensive information on theory and practice, it simplifies complex aspects of treatment with clarity and provides the depth of content appropriate to support sound clinical reasoning required in advanced practice.

The book responds to the current backlash against overmedication in psychiatry. It also fulfills the upcoming requirements by APNA and ISPN that advanced practice psychiatric nurses must have skills in psychotherapy. Additionally, the text focuses on treatment issues across the life span and highlights pertinent clinical differences from the adult population through pediatric pointers and aging alerts. *Advanced Practice Psychiatric Nursing* reflects the extensive practice and educational experience of editors and contributors from the United States, Canada, and Scotland, all of whom are expert APNs.

Key Features:

- Organized around psychiatric "syndromes," rather than DSM diagnoses, so it will remain relevant after the DSM-5 is published

- Integrates neurobiology, theory, and research evidence related to psychotherapy, psychopharmacology, and CAM therapies
- Provides the much-needed content on psychotherapy newly required for all psychiatric advanced practice nurses (APNA & ISPN White Papers)
- Supports clinical decision skills through thoughtfully designed, easy-to-follow decision trees
- ICONS highlight life span clinical management differences through Pediatric Pointers and Aging Alerts

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