



Wrestling with Our Inner Angels: Faith, Mental Illness, and the Journey to Wholeness

Nancy Kehoe

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Wrestling with Our Inner Angels is Nancy Kehoe's compelling, intimate, and moving story of how she brought her background as a psychologist and a nun in the Religious of the Sacred Heart to bear in the groups she formed to explore the role of faith and spirituality in their treatment – and in their lives. Through fascinating stories of her own spiritual journey, she gives readers of all backgrounds and interests new insights into the inner lives of the mentally ill and new ways of thinking about the role of spirituality and faith in all our lives.

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