



Über das Metabolische Syndrom (German Edition)

Rebeka Deißer

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Studienarbeit aus dem Jahr 2009 im Fachbereich Medizin - Innere Medizin, Note: "-", Ernst-Moritz-Arndt-Universität Greifswald, Sprache: Deutsch, Abstract: Die Grundlage zur Ausarbeitung dieses Beitrages stellt der fiktive Fall von Herrn Bergmann, eines

52-jährigen, etwa 110 kg schweren und 1,66 m großen Mannes, dar. Herr Bergmann stellt sich erstmals in einer neuen Arztpraxis vor, nachdem ihm von einem Apotheker geraten wurde einen Arzt zu konsultieren. Bei einem Gesundheits-Check-Up im Rahmen der Gesundheitswoche einer Apotheke wurde von dem Apotheker bei Herrn Bergmann ein Blutzuckerwert von 12 mmol/l, ein Blutdruck von 150/100 mmHg und ein Cholesterin-Wert von 7 mmol/l ermittelt. Herr Bergmann verstand nicht, warum er deshalb einen Arzt aufsuchen sollte, da er sich subjektiv allgemein wohl fühlt, befolgte jedoch den Rat des Apothekers.

Der Arzt stellte daraufhin bei Herrn Bergmann anamnestisch eine Polyurie und Polydipsie fest. Weitere Untersuchungen ergaben einen Bauchumfang von 120 cm und einen Nüchternblutzucker von 7,5 mmol/l. Da die aus der Anamnese und der körperlichen Untersuchung erworbenen Kenntnisse aus Sicht des Arztes eine Behandlungsnotwendigkeit zur Folge haben, bittet er Herrn Bergmann zur Wiedervorstellung in einer Woche, wenn die Laborwerte ausgewertet sind. Des Weiteren sieht der Arzt einen Zusammenhang zwischen den Befunden des Blutzuckers, des Blutdruckes und der Hyperlipoproteinämie.

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