



Unbreak My Heart: A Memoir

Toni Braxton

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The best-selling solo R&B artist finally opens up about her rocky past and her path to redemption.

While Toni Braxton may appear to be living a charmed life, hers is in fact a tumultuous story: A tale of personal triumph after a public unraveling. In her heartfelt memoir, the six-time Grammy Award-winning singer and star of *WE tv*'s hit reality series *Braxton Family Values* is unapologetically honest in revealing the intimate details of her journey.

Toni and the entire Braxton clan have become America's favorite musical family, but what fans may not know is the intense guilt Toni once felt when she accepted a recording deal that excluded her sisters. That decision would haunt Toni for years to come, tainting the enormous fame she experienced as a popular female vocalist at the top of the charts. Despite her early accomplishments, Toni's world crumbled when she was forced to file for bankruptcy twice and was left all alone to pick up the pieces.

Always the consummate professional, Toni rebuilt her life but then found herself in the midst of more heartache. The mother of an autistic child, Toni had long feared that her son's condition might be karmic retribution for some of the life choices that left her filled with remorse. Later, when heart ailments began plaguing her at the age of 41 and she was diagnosed with lupus, Toni knew she had to move beyond the self-recrimination and take charge of her own healing - physically and spiritually.

Unbreak My Heart is more than the story of Toni's difficult past and glittering success: It is a story of hope, of healing, and, ultimately, of redemption.

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