



# Indigo Adults: Understanding Who You Are and What You Can Become

*Ritama Davidson, Kabir Jaffe*

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Are you an Indigo Adult Soul and don't know it?

A new type of person is coming into incarnation right now, almost a "next step" in human evolution. These people hold great hope for the future--the promise of a new humanity and civilization. They are visionary and creative, progressive and independent. They carry new energies and manifest different ways of thinking and feeling.

These people are called "Indigo," because the color indigo (the color seen in the "third eye") is unusually prominent in their aura. You may be familiar with the concept of "Indigo Children" and never realized that there are also Indigo adults...or that you might be one of them!

Do you feel different? Have your differences created unusual challenges and situations? Do you experience:

\*Unusual sensitivities?

\*Feelings of being separate or misunderstood?

\*Frustrations and dissatisfactions with the "normal" world?

\*A deep feeling, thinking, and introspective nature?

\*A driving need to contribute to creating a better world?

\*A powerful longing for something more?

*Indigo Adults* is rooted in the authors' personal experiences of the subtle dimension of life and reflects their explorations into the esoteric and mystic teachings of many traditions. This subtle dimension is not tangible to our "normal" analytical mind, and it is only beginning to be scientifically documented. Take what the authors are presenting as a hypothesis. Experiment with it, and come to your own conclusions.

*Indigo Adults* will help you identify if you (or your children) are Indigos and understand yourself, and especially your purpose as an Indigo here on Earth more clearly.

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