



# Blue Plate Special: A Novel of Love, Loss, and Food

*Frances Norris*

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## **Blue Plate Special: A Novel of Love, Loss, and Food** Frances Norris

Thirty-three-year-old Julia Daniel doesn't really feel at home anywhere. Her life in L.A. is lonely, and her career as a food stylist for a struggling gourmet magazine falls well short of her desire to be a photographer. Although she liked growing up in Kentucky, ever since her mother's death and her father's remarriage, her birthplace hasn't felt like the right fit either. After the tragic deaths of her father and stepmother in a plane crash, Julia's true odyssey begins. Orphaned and adrift, she tries to find her way in the world while fending off a crazy boss, a pilfering stepsister, and a looming depression.

Though shored up by two good friends and an excellent psychologist who helps her work through her grief, it is an unexpected-and comically disastrous-trip to Sedona for the magazine that finally enables Julia to move forward. Returning to L.A., she searches for the strength to strike out on her own, take a chance on love, and seek a tentative peace with her wayward stepsister.

Both humorous and heartbreaking, *Blue Plate Special* serves up an uplifting exploration of the courage it takes to embrace life after loss.

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