

My Turn: Caring for Aging Parents & Other Elderly Loved Ones : A Daughters Perspective

Sandra W. Haymon



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A "how-to" guide by a daughter who had nowhere to turn and everything to learn when her own parents needed care. She was unprepared and overwhelmed with the myriad of questions fired at her the day her stepfather was rushed to the emergency room and her mother had to be moved from their home to a care facility.

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