



Pathways to Hope: Innovative Insights for Therapists and Patients

Harish Malhotra

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Pathways to Hope features metaphors Harish Malhotra uses to help his patients in therapy and to teach medical students open-ended interview techniques. The metaphors in this book serve as an extension to the ones in Malhotra's first book, *Metaphors of Healing* (Hamilton Books, 2014). Practitioners and individuals outside of the medical field can use this book to navigate day-to-day circumstances.

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