



Promoting Psychological Well-Being in Children with Acute and Chronic Illness

Melinda Edwards, Penny Titman

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Living with a chronic illness can have a significant psychological impact on a child and his or her family, and it is essential that this aspect of their care is not overlooked.

This book provides a comprehensive guide to promoting the psychological well-being of children with chronic illnesses and medical conditions, covering support within health, social services and education. It discusses issues such as the impact of diagnosis and the experiences of children and their families in managing their medical condition and treatment. Strategies to support children and help them to cope with medical conditions are demonstrated, including cognitive behavioural and systemic approaches, and techniques such as relaxation and motivational interviewing. Case examples from clinical practice are given to illustrate the application of psychological ideas and frameworks to a variety of medical conditions and psychological difficulties. The book also includes a comprehensive resources section of where to look for further information.

This will be an essential book for all professionals working with children with medical conditions, including psychologists, doctors, nurses, physiotherapists, occupational therapists, counsellors, social workers, speech and language therapists, dieticians and play therapists.

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