



## Rearview Mirror (A Memoir)

*Alana Stewart*

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## **Rearview Mirror (A Memoir)** Alana Stewart

Alana Stewart has lived what many people would consider a charmed life, as an international model, an actress and talk-show host, filmmaker, and bestselling author. But despite her many accomplishments and successes, the truth is, her life has been rife with abandonment, abject poverty, tragedy, and even violence.

In *Rearview Mirror*, she takes the reader through her mesmerizing journey from her beginnings in poor rural Texas, her escape to New York to become a Ford model, and finally, her seemingly fairytale, but often heartbreaking life in the glittering world of Hollywood.

With compelling openness and honesty, Alana chronicles her unstable, chaotic childhood, her traumatic and violent rape, and her struggles with bulimia, depression, and self-worth. She also writes about her marriages and divorces with two iconic stars, raising three children on her own, the devastating effects of drug addiction in her family, and the tragic deaths of her mother as well as her best friend, Farrah Fawcett.

*Rearview Mirror* is an inspiring, rags-to-riches story in which Alana also shares the valuable life lessons she has learned from her many challenges and heartaches: unconditional love, faith, gratitude, perseverance, and the importance of finding your higher purpose in life.

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