



The Synthesis Effect: Your Direct Path to Personal Power and Transformation

John McGrail

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The Synthesis Effect: Your Direct Path to Personal Power and Transformation

John McGrail

How to reach "practical enlightenment," living your life virtually free of suffering...and how to pass it on to others.

The Synthesis Effect provides simple, powerful, and clinically proven techniques for creating personal change and transformation while outlining a realistic roadmap to help us rediscover our power, save ourselves, and save our planet.

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